

THE BLUE HEN SUSHI

BY DAVID BURKE

SAKE

SŌTŌ | 15 gls - 45 btl
junmai daiginjo

LIGHT FARE

SEAWEED SALAD | 10

EDAMAME | 10

TUNA TATAKI* | 16
seared with house ponzu

SPECIALTY ROLLS

CALIFORNIA ROLL | 11
seasoned crab meat, cucumber, avocado

RAINBOW ROLL* | 16
california roll topped with tuna, salmon, yellowtail, shrimp, avocado

ADELPHI VEGETABLE SPICY MAKI | 11
seaweed salad, cucumber, topped with avocado & spicy mayo

SHRIMP TEMPURA ROLL | 15
shrimp tempura, kanikama, cucumber, avocado, eel sauce

ADELPHI VEGGIE & MANGO MAKI | 13
avocado, cucumber, carrot, mango, apple, lettuce, wrapped in soy paper

SPIDER ROLL | 18
soft-shell crab, cucumber, avocado, eel sauce

DRAGON ROLL | 19
shrimp tempura, cucumber, avocado, topped with fresh water eel

VOLCANO ROLL | 20
seasoned crab meat, cucumber, avocado, baked scallop, shrimp, scallions, spicy mayo, topped with tempura flakes & micro greens

KOBE MAKI* | 20
shrimp tempura, avocado, cucumber, crab meat, topped with lightly torched Kobe beef sashimi, scallions, house sweet & spicy sauce

ADELPHI MAKI* | 21
crispy spicy tuna & cucumber, topped with seared mixed sashimi & tobiko, tempura flakes, micro greens & teriyaki sauce

FRENCH CAKE* | 18
spicy salmon, avocado, topped with tobiko, yellowtail, salmon, tempura flakes, teriyaki sauce, spicy sauce & house special sauce

MANGO SALMON ROLL* | 17
salmon, avocado, cucumber, topped with salmon & mango

NIGIRI & SASHIMI

NIGIRI | 2 pieces of fish draped over rice

SASHIMI | 3 pieces of fish only

TUNA* (MAGURO)
nigiri 8, sashimi 12

SALMON* (SAKE)
nigiri 7, sashimi 10

STRIPED BASS* (SUZUKI)
nigiri 7, sashimi 10

KOBE BEEF* (WAGYU) | MP

SEA URCHIN* (UNI)
nigiri 8, sashimi 12

EEL* (UNAGI)
nigiri 8, sashimi 12

YELLOWTAIL* (HAMACHI)
nigiri 8, sashimi 12

SHRIMP* (EBI)
nigiri 7, sashimi 10

WHITE TUNA* (HIRO MAGURO)
nigiri 8, sashimi 12

FLYING FISH ROE* (TOBIKO)
nigiri 8, sashimi 12

TO SHARE

ADELPHI SUSHI BOATS*

SMALL BOAT* SERVES TWO | 70
california roll, shrimp tempura roll, 6-piece sashimi¹, 6-piece nigiri¹

MEDIUM BOAT* SERVES THREE | 90
california roll, dragon roll, shrimp tempura roll, 9-piece sashimi¹, 9-piece nigiri¹

LARGE BOAT* SERVES FOUR+ | 120
special maki, california roll, spicy tuna roll, salmon press roll, spicy salmon roll, 12-piece sashimi¹, 12-piece nigiri¹

¹ CHEF'S CHOICE OF TUNA, SALMON, YELLOWTAIL, WHITE TUNA, STRIPED BASS OR SHRIMP

HOUSE SPECIALS

NIGIRI SPECIAL* | 22
6-piece: tuna, salmon, yellowtail, shrimp & chef's choice

CHIRASHI | 27
sashimi assortments with tobiko & seaweed salad, served on sushi rice

*CONSUMING RAW OR UNCOOKED MEAT, POULTRY, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS. BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY. WE CANNOT GUARANTEE ZERO CROSS CONTAMINATION ON GLUTEN FREE ITEMS. NO SUBSTITUTIONS OR ADDITIONS.