


THE  
BLUE  HEN  
BY DAVID BURKE

## BREAKFAST MENU

### BEVERAGES

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GREEN JUICE • 7  
*apple | celery | cucumber | ginger*

SMOOTHIE • 7  
*mixed berries | maple | cinnamon | nutmeg*

FRESH SQUEEZED JUICE • 7

SARATOGA TEA & HONEY • 4.50

SARATOGA BOTTLED WATER • 5

ESPRESSO OR AMERICANO • 4

MACCHIATO • 4.50

CAPPUCCINO OR CAFÉ LATTE • 5

MOCHA • 6

### LITE & SWEET

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COFFEE CAKE • 5  
*cinnamon crumb*

CROISSANT • 5  
*house-made in our bakery*

OATMEAL • 10  
*steel-cut oats | apples | brown sugar | cinnamon*

GREEK YOGURT PARFAIT • 10  
*fresh berries | house-made granola*

### MAIN COURSE

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THE BREAKFAST SANDO • 10  
*croissant | pork sausage | fried egg | cheddar cheese*

BUCKWHEAT WAFFLE • 12  
*brown butter | maple syrup*

AVOCADO TOAST • 10  
*pastrami salmon | herb salad*

ADELPHI OMELETTE • 14  
*bourssin cheese | herb salad*

BREAD PUDDING FRENCH TOAST • 12  
*salted caramel | streusel | zabaglione | berries*

CLASSIC BENEDICT • 15  
*english muffin | canadian bacon | poached eggs | hollandaise  
| substitute potato rösti for english muffin +\$5*

THE ADELPHI BREAKFAST • 16  
*two farm fresh eggs, with your choice of bacon or sausage;  
choice of sourdough, seeded wheat or english muffin;  
with potato rosti or avocado & tomato*

SHAKSHUKA • 12  
*baked eggs | harissa spiced tomato | cotija cheese | crispy chickpeas*

### ADDITIONS

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CANADIAN BACON • 6

POTATO RÖSTI • 5

ENGLISH MUFFIN, SEEDED WHEAT BREAD, SOURDOUGH OR SESAME BAGEL • 4

NORTH COUNTRY SMOKEHOUSE BACON OR SAUSAGE • 6

FRESH SEASONAL BERRIES • 5